

Business, The Neighborhood Files

Simsbury Doctor Opening Walk-In Facility in Farmington

Allies Medical Group will occupy a suite in Greenbriar Business Park across from the Wood-n-Tap in Farmington, starting in May.

By [Kaitlin McCallum](#) | [Email the author](#) | April 15, 2011



Starting in May, Farmington will have its own walk-in medical facility, thanks to a Simsbury doctor. Allies Medical Group will be located in the Greenbriar Business Park, across from the Wood-n-Tap. It will be run by Dr. Nauman J. Mufti, a board-certified specialist in occupational medicine.

The facility will offer a variety of services, including pre-employment screenings, health exams, state Department of Transportation physicals, and acute care. Mufti said he hopes the facility will be a resource for local employers.

"There are facilities that cater to bigger companies. I want to focus on small businesses in the area, local police, fire departments, and serve their employees," Mufti said. "Allies Medical Group is going to provide walk-in medical services there and for local employers we'll be able to handle workers injuries and be available for drug screening, pre-employment physicals, and any lacerations, cuts, sprains or low back injuries."

He plans to serve residents, too, by staying open seven days a week. The facility will be open 8 a.m. to 6 p.m. Monday through Friday and 9 a.m. to 2 p.m. on weekends.

Mufti began practicing medicine in Pakistan in 1984 and has been practicing in the U.S. since 1992. After several years working with the medical care chain Concentra, he decided to strike out on his own.

"What I was doing at Concentra was very similar to what I have set up," he said. "I think there is a need for a walk-in, especially in Farmington, because there isn't one close by. And also for local residents to have a physician's office open on the weekends, I see a local need, and that's what I am trying to fill."

The new business is not only a convenience for the employers and residents of Farmington, but also a major undertaking for Mufti. The Simsbury resident is opening the facility on his own, with some help from his wife, who practices medicine in Avon. He hopes to bring a nurse practitioner on board soon.

Still, the doctor is excited about the venture and jokes that he'll soon have plenty of time.

"My son is going to Rice next year, so we'll be empty-nesters and have plenty of time to spend at the facility," Mufti said. His son is a senior at Simsbury High School.

Allies Medical Group will accept most types of major insurance, except Medicare, which Mufti said he may accept next year.

The opening is planned for the second week in May in a newly renovated space at 2 Bridgewater Road, Suite 100, in Greenbriar Business Park.